

ULTRASOUND TECHNOLOGIES

Challenges Before Young Doctors

[Brief Description](#) | [Timetable](#) | [Project Partners](#) | [Supporting Structures](#) | [More Information](#) | [Results](#)

Project Mission:

*Young people go beyond cultural and national differences for a common humanitarian cause:
all people are equal before the disease regardless of race, gender and religious differences, all they need help – that's the young doctors' mission!*

The project aims to implement training in the field of Medicine in one of the most revolutionary diagnostic methods – ultrasound diagnostics. This method plays a key role in cardiovascular disease (CVDs) prophylaxis. Target groups of the project are young doctors and medical students who are to raise their awareness on the prophylaxis of CVDs.

The significance of the problem is demonstrated by the fact that within the European Union a number of policy documents have been adopted such as the (1) *Decision of the European Parliament from 2004 on the cardiovascular morbidity* and (2) *Luxembourg Declaration on startup and vigorously strengthening the prevention and prophylaxis and the European Heart Health Charter*. The project is aimed at informing professional audience of young doctors and medical students from the countries that border with the European Union to achieve better prevention by formal and/or informal training and education at all levels of society.

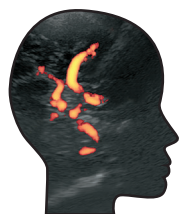
The training is organized in Sofia, October 15-20, 2013 by: Bulgarian Society of Neurosonology and Cerebral Hemodynamics (BSNCH) as host and applicant (Bulgaria), Medical University of Graz (Austria), Georgian Society of Neurosonology and Cerebral Hemodynamics – GSNCH (Georgia) and Serbian National Society for Neuroangiology (Serbia), actively involved in the preparation, planning and implementation of the activities. The cooperation and commitments of each organization are based on existing traditional partnerships within the European and the World Federations of Neurology. The profile and experience of applicant organizations as well

as the high qualification and professionalism of the members guarantee the successful implementation of the objectives and high quality of the training. The high academic level of the project is ensured by the support of the leading Bulgarian universities: Faculty of Medicine of Sofia University “St. Kliment Ohridski”, Medical University of Varna “Prof. Dr. Paraskev Stoyanov”; Medical University of Pleven, National Sports Academy “Vassil Levski” and Military Medical Academy – Sofia.

The sustainability of the project is guaranteed by the key importance of the topic for the European countries and the World, where the young generation plays a specific role in the promotion of healthy life and prevention of CVDs. The future partnership will be built on ensuring effective follow-up activities, elaboration of national and regional strategies for solving the problem and becoming of the forum a traditional yearly seminar for young doctors. The training includes formal and informal educational methods as workshops, round table discussions, classroom practice, open air activities, etc.

The final product of the training will be targeted at increased competence and adopted methods for each participant individually, which will be assessed through practical exercises and self-assessment methods. Young people will be able to make a self-assessment of the level of their knowledge.

Participants in the training will adopt a Memorandum which will be a base for further development and a message to the political stakeholders for health promotion in their countries.



ULTRASOUND TECHNOLOGIES

Challenges Before Young Doctors



Project № BG13/A3.1.2/225/R2

[Brief Description](#) | [Timetable](#) | [Project Partners](#) | [Supporting Structures](#) | [More Information](#) | [Results](#)

Timetable

TUESDAY, 15 October 2013

14.00 – 19.00 Hotel Accomodation.

19.00 – 22.00 **Dinner**

WEDNESDAY, 16 October 2013

09.00 – 10.45 Presentation of the Participants.

10.45 – 11.00 **Coffee break**

11.00 – 12.00 Introduction to the Youth in Action Programme.
Representative of National Centre "European Youth Programmes and Initiatives"

12.00 – 14.00 **Lunch**

14.00 – 17.00 Introduction to the Project Activities.
Project Coordinator: Mr. Yavor Profirov (Bulgaria)

THURSDAY, 17 October 2013

09.00 – 09.40 Ultrasound Technologies in Medicine.
Project Manager: Acad. Prof. Ekaterina Titianova (Bulgaria)

09.40 – 11.00 Ultrasound Methods in the Prevention of Socially Important Cardiovascular and Cerebrovascular Diseases.
Moderator: Assoc. Prof. Silva Andonova (Bulgaria)

11.00 – 11.15 **Coffee break**

11.15 – 12.00 Statistics of CVDs in Partner Countries – Austria, Bulgaria, Georgia and Serbia.
Moderator: Ass. Prof. Marina Alpaidze (Georgia)

12.00 – 13.30 **Lunch**

13.30 – 17.00 Outdoor activities.

20.00 **Dinner with BSNCH** (Park Hotel Moskva)

FRIDAY, 18 October 2013

09.00 – 19.00 Practice in Ultrasound jointly with NSRG Comprehensive Tutorial (National Palace of Culture).
Facilitators: Dr. Sonya Karakaneva (Bulgaria), Ass. Prof. Milija Mijajlovic (Serbia)

SATURDAY, 19 October 2013

09.00 – 10.30 Telemedicine – Basic Principles. Exchange of Experience.
*Moderators: Mr. Evgeni Karakanovski, M-Tel Marketing Director (Bulgaria),
Assoc. Prof. Susana Horner (Austria)*

10.30 – 12.00 Evaluation of Training.
Project Coordinator: Mr. Yavor Profirov (Bulgaria)

12.00 – 14.00 **Lunch**

14.00 – 15.30 Certification of Participants. Family photo.
Moderators: Acad. Prof. Ekaterina Titianova (Bulgaria), Prof. Kurt Niederkorn (Austria)

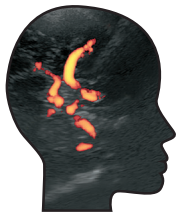
15.30 – 15.45 **Coffee break**

15.45 – 19.00 Social Programme – City Tour to the Cultural and Historic Sites of Sofia.

SUNDAY, 20 October 2013

09.00 – 11.30 Open Debate for Development of a Memorandum.
Facilitators: Ass. Prof. Milija Mijajlovic (Serbia), Mr. Yavor Profirov (Bulgaria)

11.30 – 12.00 Closing Remarks



ULTRASOUND TECHNOLOGIES Challenges Before Young Doctors



[Brief Description](#) | [Timetable](#) | [Project Partners](#) | [Supporting Structures](#) | [More Information](#) | [Results](#)

Project Partners

Austria



Medical University of Graz

Auenbruggerplatz 2, A-8036 Graz, Austria

Tel. +43 316 385 72 011

e-mail: rektor@medunigraz.at

www.medunigraz.at

Bulgaria



Bulgarian Society of Neurosonology and Cerebral Hemodynamics

23 Tvardishki Prohod, 1404 Sofia, Bulgaria

Tel./fax: +359 2 922 54 54

e-mail: titianova@yahoo.com

www.neurosonology-bg.com

Georgia



Georgian Society of Neurosonology and Cerebral Hemodynamics

16 Kavtaradze Str., 0186 Tbilisi, Georgia

Tel. +995 593 15 16 13

e-mail: marina.alpaidze@gmail.com

www.neurosonology.vipmed.ge

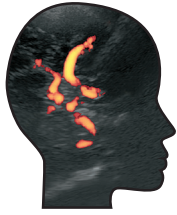
Serbia

Serbian National Association of Neuroangiology

6 Dr. Subotica Str., 11000 Belgrade, Serbia

Tel. + 381 11 30 64 265

e-mail: macasternic@gmail.com



ULTRASOUND TECHNOLOGIES

Challenges Before Young Doctors



[Brief Description](#) | [Timetable](#) | [Project Partners](#) | [Supporting Structures](#) | [More Information](#) | [Results](#)

Supporting Structures



Sofia University "St. Kliment Ohridski"

Faculty of Medicine
1 Kozyak Str., 1407 Sofia, Bulgaria
Tel. +359 2 8687 140
www.uni-sofia.bg



National Sports Academy "Vassil Levski"

Studentski grad
1700 Sofia, Bulgaria
Tel.ww +359 2 4014100
www.nsa.bg



Medical University – Varna **"Prof. Dr. P. Stoyanov"**

55 Marin Drinov Str., 9002 Varna, Bulgaria
Tel. +359 52 650057
e-mail: uni@mu-varna.bg
www.mu-varna.bg



Medical University - Pleven

Faculty of Medicine
1 St. Kliment Ohridski Str., 5800 Pleven, Bulgaria
Tel. +359 64 884 265
www.mu-pleven.bg



Military Medical Academy – Sofia

3 St. G. Sofiiski Blvd., 1606 Sofia, Bulgaria
Tel. +359 2 9225422
www.vma.bg